Crochet Sock Pattern

Free crochet pattern · women's M · mardingezituru.com

Crochet socks that actually fit in shoes: single crochet in the round is thin and firm, and the socks are worked from the toe up, so you can try them on as you go. The heel is an afterthought heel. You leave a chain gap where the heel goes, finish the leg, then crochet the heel into the gap like a small cup.

The size is a women's medium (US shoe 7 to 9), in DK sock yarn with a bit of nylon for strength.



The socks in heather blue DK sock yarn.

Pattern at a glance

- **Skill level:** intermediate beginner (sc in the round, an oval start, a chain gap, post stitches)
- **Size:** women's M: foot 7.6 in / 19 cm around, foot length about 8.8 in / 22 cm, leg about 5 in / 13 cm above the heel
- **Yarn:** DK (light worsted / 3) wool or wool blend with nylon, about 370 yd / 338 m for the pair
- **Hook:** 3.5 mm (US E/4)
- **Gauge:** 22 sc x 24 rounds = 4 in / 10 cm
- **Time:** about 10 to 12 hours for the pair

Abbreviations (US terms)

• **ch** chain · **sk** skip · **sc** single crochet · **inc** 2 sc in one stitch · **dec** invisible decrease · **fpdc / bpdc** front / back post double crochet

Before you start

- Gauge matters: 22 sc should measure 4 in / 10 cm. Socks that are too loose wear through fast.
- Work in a spiral with a stitch marker. Try the sock on after round 30 and adjust the foot length: the heel gap should sit where your heel starts.
- Each foot round adds about 0.17 in / 4 mm. For US size 9 to 10, add 5 rounds before the heel gap.

The pattern

Foot and Leg (make 2)

Color: start with A (heather blue).

The toe starts with an oval: ch 6, then 12 sc around both sides of the chain.

- ☐ **Rnd 1:** Sc around. (12)
- ☐ **Rnd 2:** (sc, inc) ×6. (18)
- ☐ **Rnd 3:** (2 sc, inc) ×6. (24)
- ☐ **Rnd 4:** Sc, inc, (3 sc, inc) ×5, 2 sc. (30)
- ☐ **Rnd 5:** (4 sc, inc) ×6. (36)
- ☐ **Rnd 6:** 2 sc, inc, (5 sc, inc) ×5, 3 sc. (42)
- ☐ **Rnds 7–45:** Sc around. (42)
- ☐ **Rnd 46:** 21 sc, ch 21, sk 21. (42)
- ☐ **Rnds 47–70:** Sc around. (42)
- ☐ **Rnds 71–76:** (fpdc, bpdc) ×21. (42)

Finish: Ch 6; in the 2nd ch from the hook work 1 sc, sc in the next 3 ch, 3 sc in the last ch, then along the other side sc in the next 3 ch and 2 sc in the last ch (12 sts, an oval); R46 leaves the heel gap; FO after R76.



Before the heel: the chain gap sits where the heel starts.

Heel (make 2)

Color: start with A (heather blue).

Join the yarn at one corner of the gap and work around it.

- ☐ **Rnd 1:** Sc around. (44)
- ☐ **Rnd 2:** (9 sc, dec) ×4. (40)
- ☐ **Rnd 3:** (8 sc, dec) ×4. (36)
- ☐ **Rnd 4:** (7 sc, dec) ×4. (32)
- ☐ **Rnd 5:** (6 sc, dec) ×4. (28)
- ☐ **Rnd 6:** (5 sc, dec) ×4. (24)
- ☐ **Rnd 7:** (4 sc, dec) ×4. (20)
- ☐ **Rnd 8:** (3 sc, dec) ×4. (16)

Finish: R1 around the heel gap: 21 sc along the sole side, 1 in the corner, 21 in the chain, 1 in the corner; after R8 flatten (8 sts on each side) and sew closed.

Finishing

- Flatten the heel with the 16 last stitches lined up, 8 on each side, and sew them together.
- Close any small holes at the heel corners with the tail.
- Weave in the ends on the inside and steam the socks lightly.

Tips

- **Shorter leg:** work 10 leg rounds instead of 24 for ankle socks.
- **Durable heels:** hold a strand of reinforcing thread with the yarn for the heel.

FAQ

Are crochet socks comfortable in shoes?

In DK yarn and tight single crochet, yes for loose shoes and boots. For close-fitting shoes, make them in fingering weight sock yarn with a 2.75 mm hook. The same pattern then comes out about 15% smaller, which fits a narrower foot.

Why toe-up?

You can try the sock on as you go and stop the leg exactly when you run out of yarn.

More cozy makes: the chunky slippers and the crochet gloves.